

PARENT/GUARDIAN CONSENT FOR PARTICIPATION,
ASSUMPTION OF RISK & RELEASE

Please read this form carefully and be aware that participation in the athletics/activities program(s) for which your child is being registered entails, like participation in all recreational activities, certain risks which cannot be entirely eliminated despite due care exercised by Rantoul City Schools staff in conjunction with such program(s).

I hereby give my consent for my child to participate in the athletic/activities program(s). I understand that appropriate precautions are taken to protect program participants. However, I also recognize and acknowledge that there is a degree of risk that my child may sustain personal injury, illness or damage to property in the course of partaking in such activities, and that Rantoul City Schools cannot guarantee risk-free recreational experiences to program participants. I further acknowledge that my child could be exposed to someone who may be incubating communicable illnesses or other diseases, including but not limited to COVID-19 (Coronavirus), and who may be capable of spreading disease to others during participation. I nonetheless desire to procure the benefits of recreation for my child, and accordingly consent to his/her participation in the athletic/activity program and agree to assume any and all risks and dangers associated with his/her participation.

I agree to emergency treatment of my child by a physician or hospital in the event I cannot be reached, and I understand that Rantoul City Schools does not cover or insure participants for any types of medical costs.

I hereby fully release and discharge Rantoul City Schools and its officers, agents, servants and employees from any and all claims for injury, illness, disease, damage, loss or death which I may have or which may accrue on account of my child's participation in the program(s). I further agree to indemnify and hold harmless Rantoul City Schools and its officers, agents, servants and employees from any and all claims and expenses, including attorney's fees, resulting from injury, illness, disease, damage, loss or death sustained and arising in any way out of my child's participation in said programs.

By signing below, you give consent for your student to participate in tryouts, practices, and/or games as permitted by the IESA and the Rantoul City Schools. This form must be signed and returned along with all other necessary paperwork by the first day of the activity. Students who do not submit a signed consent form will not be allowed to participate. This form will cover both outside and inside activities.

To maintain the highest level of safety possible, the Rantoul City School District will institute the following State of Illinois, IHSA/IESA, and Rantoul City School District #137 requirements for Return to Play Phase 4.

- Athletes must maintain social distancing by being at least 6 feet apart when possible.
- Athletes must have a mask available in case they are needed. Masks shall be mandatory when social distancing cannot be maintained (unless you have a medical release by a physician).
- Groups of 50 or more will not be allowed.
- Coaches will maintain a daily health screening on each athlete. These screenings will include a temperature check, date and time, and symptoms they may present.

- Team equipment (bats, helmets, etc) will be wiped down often during practices. No sharing of personal equipment will be allowed.
- All students must have their own water bottles with their names clearly marked. There is no sharing of drinking bottles, but bottles can be refilled at water fountains.
- All athletes must be picked up at scheduled time.
- Coaches will be required to wear masks.

Student Name: _____ **Student D.O.B.** _____

Parent/Guardian Acknowledgement and Agreement

Parent/Guardian Signature

Date

EJHS Extracurricular Activities Code of Conduct Contract

Updated 8/3/2020

Interscholastic extracurricular competition should demonstrate high standards of ethics and sportsmanship and promote the development of good character. These activities provide an environment that fosters and helps to develop self-esteem, self-discipline policies during school and at all school related events, home and away, during the school calendar year. Therefore, students must demonstrate high ethics of sportsmanship and character such as:

Trustworthiness:	I am able to do what is right even when no one's watching.
Honesty:	I play fair. I am truthful. I show good sportsmanship.
Negative Conduct:	I will not use profanity. I will not flash obscene gestures. I will not participate in play fighting (shadow boxing). I will not use offensive language in a sexual or racial nature. I will not trash talk or taunt. I will not participate in boastful celebrations.
Respect:	I will honor the rules of the game and game officials. I will not complain or argue with officials' calls or decisions during or after an athletic event.
Self Control:	I will not fight or show excessive displays of anger and/or frustration.
Education:	I will make classwork a priority. I understand that athletics and extracurriculars are a privilege.

As a participant in any J.W. Eater Junior High School extracurricular activity, I must act in accordance with the following:

1. I understand that it is a privilege to participate in extracurricular activities
2. I understand that I represent myself, my family, my school, and I will conduct myself in an appropriate manner at all times.
3. I understand that school rules apply at all times.
4. I understand that I must be passing all classes to be eligible to participate in extracurricular activities.
5. I understand that if I am ineligible for 3 consecutive weeks, I will be removed from the extracurricular activity that I am participating in.
6. I understand that if I cut a class, I will be suspended from that day's practice or game.
7. I understand that if I am unexcused from school, I will be suspended from the next contest.
8. I understand that if I am chronically truant, I will be removed from the team.
9. I understand that if I do not dress and/or participate in Physical Education the day of a game, I may not be allowed to start or participate in the game.
10. I understand that if I receive any discipline consequences throughout the day, this may result in suspension from the day's activity, contest, or even removal from the team.
11. I understand that if I am not at school on time the day of the contest, I will not be eligible to participate in that day's contest.
12. I understand that I am responsible to be on time for school the day after an event. If I am tardy the day after an athletic event, I will need to provide a doctor's note or I may be removed from the next competition.
13. I understand that extracurricular activities at J. W. Eater Junior High School take priority to other outside activities. Exceptions will be made on a case by case basis.

14. I understand that if I quit a sport, I will not be eligible to tryout or participate in another sport until the original season is over.
15. I understand that if I am not academically eligible and I am removed from a team, I cannot tryout for another team until the original sport's season is over.
- 16. I understand that in accordance with IESA By-Law 3.042, I am not allowed to participate on a team or club outside of school in the same sport/activity that I am participating in at school.**

Note: Students who violate school policies may be denied the privilege of participating in additional extracurricular activities such as dances, field trips, assemblies, etc. Students who are involved with an extracurricular program at the time they violate a school policy may face suspension or dismissal from that program.

I, _____, have read and understand this contract. I pledge to abide by all regulations and expectations set down for all students by my school, coaches, athletic director, administration and the IESA.

I also understand that this contract must be turned into the athletic director in order to be eligible to participate in all IESA activities. Failure to sign and turn in this contract will result in automatic ineligibility.

Student Signature

Parent/Guardian Signature

Date

Concussion Information Sheet

A concussion is a brain injury and all brain injuries are serious. They are caused by a bump, blow, or jolt to the head, or by a blow to another part of the body with the force transmitted to the head. They can range from mild to severe and can disrupt the way the brain normally works. Even though most concussions are mild, **all concussions are potentially serious and may result in complications including prolonged brain damage and death if not recognized and managed properly.** In other words, even a “ding” or a bump on the head can be serious. You can’t see a concussion and most sports concussions occur without loss of consciousness. Signs and symptoms of concussion may show up right after the injury or can take hours or days to fully appear. If your child reports any symptoms of concussion, or if you notice the symptoms or signs of concussion yourself, seek medical attention right away.

Symptoms may include one or more of the following:

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| <ul style="list-style-type: none">• Headaches• “Pressure in head”• Nausea or vomiting• Neck pain• Balance problems or dizziness• Blurred, double, or fuzzy vision• Sensitivity to light or noise• Feeling sluggish or slowed down• Feeling foggy or groggy• Drowsiness• Change in sleep patterns | <ul style="list-style-type: none">• Amnesia• “Don’t feel right”• Fatigue or low energy• Sadness• Nervousness or anxiety• Irritability• More emotional• Confusion• Concentration or memory problems (forgetting game plays)• Repeating the same question/comment |
|--|--|

Signs observed by teammates, parents and coaches include:

- Appears dazed
- Vacant facial expression
- Confused about assignment
- Forgets plays
- Is unsure of game, score, or opponent
- Moves clumsily or displays in coordination
- Answers questions slowly
- Slurred speech
- Shows behavior or personality changes
- Can’t recall events prior to hit
- Can’t recall events after hit
- Seizures or convulsions
- Any change in typical behavior or personality
- Loses consciousness

Concussion Information Sheet

What can happen if my child keeps on playing with a concussion or returns too soon?

Athletes with the signs and symptoms of concussion should be removed from play immediately. Continuing to play with the signs and symptoms of a concussion leaves the young athlete especially vulnerable to greater injury. There is an increased risk of significant damage from a concussion for a period of time after that concussion occurs, particularly if the athlete suffers another concussion before completely recovering from the first one. This can lead to prolonged recovery, or even to severe brain swelling (second impact syndrome) with devastating and even fatal consequences. It is well known that adolescent or teenage athletes will often fail to report symptoms of injuries. Concussions are no different. As a result, education of administrators, coaches, parents and students is the key to student-athlete's safety.

If you think your child has suffered a concussion

Any athlete even suspected of suffering a concussion should be removed from the game or practice immediately. No athlete may return to activity after an apparent head injury or concussion, regardless of how mild it seems or how quickly symptoms clear, without medical clearance. Close observation of the athlete should continue for several hours. The Return-to-Play Policy of the IESA and IHSA requires athletes to provide their school with written clearance from either a physician licensed to practice medicine in all its branches or a certified athletic trainer working in conjunction with a physician licensed to practice medicine in all its branches prior to returning to play or practice following a concussion or after being removed from an interscholastic contest due to a possible head injury or concussion and not cleared to return to that same contest. In accordance with state law, all schools are required to follow this policy.

You should also inform your child's coach if you think that your child may have a concussion. Remember it's better to miss one game than miss the whole season. And when in doubt, the athlete sits out.

For current and up-to-date information on concussions you can go to:

<http://www.cdc.gov/ConcussionInYouthSports/>

Student/Parent Consent and Acknowledgements

By signing this form, we acknowledge we have been provided information regarding concussions.

Student

Student Name (Print): _____ Grade: _____

Student Signature: _____ Date: _____

Parent or Legal Guardian

Name (Print): _____

Signature: _____ Date: _____

Relationship to Student: _____

Each year IESA member schools are required to keep a signed Acknowledgement and Consent form and a current Pre-participation Physical Examination on file for all student athletes.